

KSPN Mental Health Nursing

Course Outcome Summary

Course Information

Organization KSNB

Development Date 9/8/2006

Revised Date 6/28/2007

Total Credits 2

Description

This course explores basic concepts and trends in mental health nursing. Therapeutic modalities and client behavior management are discussed. Emphasis is placed on using the nursing process and meeting the basic human needs of the mental health client.

Types of Instruction

Instruction Type

Classroom Presentation

Competencies

1. Explore the concepts of mental health, wellness and illness

Properties

Domain: Cognitive Level: Analysis

Linked KS PN Program Outcomes

Utilize the nursing process to identify basic human needs across life span for health promotion and maintenance, or when biological, spiritual, cultural and psychosocial needs are not being met.

Provide safe and skillful therapeutic care in simple nursing situations based on knowledge of biological, cultural, spiritual, and psychosocial needs of the individual throughout the lifespan.

Demonstrate effective interpersonal relationships with the client, the client's family, and members of the interdisciplinary health care team.

Linked NAPNE Standards

P1_Utilize knowledge of normal values to identify deviation in health status to plan care.

P2_Contributes to the development of nursing care plans utilizing established nursing diagnosis from clients with common, well-defined health problems.

P3_Prioritizes nursing care needs of clients.

P4_Assists in the review and revision of nursing care plans to meet the changing needs of clients.

P5_Modify client care as indicated by the evaluation of outcomes.

CI1_Protect and promote the client's dignity.

CI2_Identify and honor the emotional, cultural, religious, and spiritual influences on the client's health.

CI3_Demonstrate caring behavior towards the client and significant support person (s).

CI4_Provide competent and safe nursing care in a variety of settings.

CI5_Provide a safe physical and psychosocial environment for the client and significant others.

CI6_Implement the prescribed care regimen within the legal, ethical, and regulatory framework of practical / vocational nursing practice.

CI7_Assist the client and significant support person(s) to cope with and adapt to stressful events and changes in health status.

CI8_Assist the client and significant others to achieve optimum comfort and functioning.

CI9_Instructs client regarding individualized health needs in keeping with the practical/vocational nurse's knowledge level.

Linked NCLEX

C. Psychosocial Integrity The practical/vocational nurse provides care that assists with promotion and support

C.h: Mental Health Concepts

C.i: Mental Illness Concepts

C.j: Religious or Spiritual Influences on Health

Competence will be demonstrated:

- o through a written, graphic or oral presentation

Performance will be successful when the:

- o learner defines differences of mental illness versus wellness

- o learner differentiates between effective and ineffective coping behaviors

- o learner identifies ways to manage stress

Learning Objectives

- a. Differentiate among the ways to manage stress

2. Explore nursing care for clients with behavior management needs

Properties

Domain: Cognitive Level: Application

Linked KS PN Program Outcomes

Provide nursing care within the scope of the ethical and legal responsibilities of practical nursing.

Utilize the nursing process to identify basic human needs across life span for health promotion and maintenance, or when biological, spiritual, cultural and psychosocial needs are not being met.

Provide safe and skillful therapeutic care in simple nursing situations based on knowledge of biological, cultural, spiritual, and psychosocial needs of the individual throughout the lifespan.

Demonstrate effective interpersonal relationships with the client, the client's family, and members of the interdisciplinary health care team.

Demonstrate responsibilities of the practical nurse as an individual who collaborates within the healthcare system and the community.

Linked NAPNE Standards

PB1_Comply with the ethical, legal, and regulatory frameworks of nursing and the scope of practice as outlined in the LPN/LVN nurse practice act of the state in which licensed.

C1_Utilize communication skills when interacting with clients, significant others, and health care team members.

C4_Maintain organizational and client confidentiality.

Linked NCLEX

C. Psychosocial Integrity The practical/vocational nurse provides care that assists with promotion and support

C.b: Behavioral Interventions/Behavioral Management

Competence will be demonstrated:

- o through a written, graphic or oral presentation

Performance will be successful when the:

- o learner identifies common behavior management techniques
- o learner implements the behavior management technique
- o learner evaluates the response to behavior management technique
- o learner uses the nursing process
- o learner exhibits professional behavior
- o learner uses effective communication skills
- o learner applies biological, psychosocial, spiritual, and cultural principles of nursing care

3. Adapt therapeutic communication to the mental health client

Properties

Domain: Cognitive Level: Application

Linked KS PN Program Outcomes

Provide safe and skillful therapeutic care in simple nursing situations based on knowledge of biological, cultural, spiritual, and psychosocial needs of the individual throughout the lifespan.

Demonstrate effective interpersonal relationships with the client, the client's family, and members of the interdisciplinary health care team.

Linked NAPNE Standards

C1_Utilize communication skills when interacting with clients, significant others, and health care team members.

C2_Communicate relevant, accurate, and complete information.

C3_Report and document assessments, interventions, and progress toward client outcomes.

C4_Maintain organizational and client confidentiality.

C5_Utilize information technology to support and communicate the planning and provision of client care.

C6_Utilize appropriate channels of communication.

Linked NCLEX

C. Psychosocial Integrity The practical/vocational nurse provides care that assists with promotion and support

C.m: Stress Management

Competence will be demonstrated:

- o through a written, graphic or oral presentation

Performance will be successful when the:

- o learner analyzes own personal factors that influence ability to communicate effectively
- o learner applies principles of distance and space
- o learner demonstrates assertive communications
- o learner uses steps of the interview process

- o learner adapts communication to level of client
- o learner demonstrates respect for confidentiality
- o learner recognizes how disturbances in communication impairs assessment

4. Explore nursing care for clients experiencing with end of life, grief and loss issues

Properties

Domain: Cognitive Level: Application

Linked KS PN Program Outcomes

Provide nursing care within the scope of the ethical and legal responsibilities of practical nursing.

Utilize the nursing process to identify basic human needs across life span for health promotion and maintenance, or when biological, spiritual, cultural and psychosocial needs are not being met.

Provide safe and skillful therapeutic care in simple nursing situations based on knowledge of biological, cultural, spiritual, and psychosocial needs of the individual throughout the lifespan.

Demonstrate effective interpersonal relationships with the client, the client's family, and members of the interdisciplinary health care team.

Demonstrate responsibilities of the practical nurse as an individual who collaborates within the healthcare system and the community.

Linked NAPNE Standards

C1_Utilize communication skills when interacting with clients, significant others, and health care team members.

C2_Communicate relevant, accurate, and complete information.

C3_Report and document assessments, interventions, and progress toward client outcomes.

C4_Maintain organizational and client confidentiality.

C5_Utilize information technology to support and communicate the planning and provision of client care.

C6_Utilize appropriate channels of communication.

A1_Assess basic physical, developmental spiritual, cultural, functional, and psychosocial needs of the client.

A2_Collect data within established protocols and guidelines from various sources including client interviews, observations/measurements, health care team members, family, significant others, and health records.

A3_Document data collection.

A4_Communicate findings to appropriate healthcare personnel.

A5_Assess the client's health status and evaluate response to interventions.

A6_Document findings from assessment.

CI1_Protect and promote the client's dignity.

CI2_Identify and honor the emotional, cultural, religious, and spiritual influences on the client's health.

CI3_Demonstrate caring behavior towards the client and significant support person (s).

CI4_Provide competent and safe nursing care in a variety of settings.

CI5_Provide a safe physical and psychosocial environment for the client and significant others.

CI6_Implement the prescribed care regimen within the legal, ethical, and regulatory framework of practical / vocational nursing practice.

C17_Assist the client and significant support person(s) to cope with and adapt to stressful events and changes in health status.

C18_Assist the client and significant others to achieve optimum comfort and functioning.

C19_Instructs client regarding individualized health needs in keeping with the practical/vocational nurse's knowledge level.

Linked NCLEX

A. Safe and Effective Care Environment: The practical/vocational nurse provides nursing care that contributes to the delivery of client care and assists in the protection of health care personnel.

A.1. Coordinated Care The practical/vocational nurse collaborates with team members to facilitate effective client care.

A.1a: Advance Directives

A.1b: Advocacy

C. Psychosocial Integrity The practical/vocational nurse provides care that assists with promotion and support

C.f: End-of-Life Concepts

C.g: Grief and Loss

Competence will be demonstrated:

- o through a written, graphic or oral presentation

Performance will be successful when the:

- o learner compares grieving responses and possible nursing interventions for clients across the lifespan
- o learner utilizes therapeutic communication
- o learner develops strategies for developing a plan of care for the grieving client
- o learner adapts communication to the grieving client
- o learner uses the nursing process
- o learner exhibits professional behavior
- o learner uses effective communication skills
- o learner applies biological, psychosocial, spiritual, and cultural principles of nursing care

5. Explore nursing care for clients with common mental health needs

Properties

Domain: Cognitive Level: Analysis

Linked KS PN Program Outcomes

Provide nursing care within the scope of the ethical and legal responsibilities of practical nursing.

Utilize the nursing process to identify basic human needs across life span for health promotion and maintenance, or when biological, spiritual, cultural and psychosocial needs are not being met.

Provide safe and skillful therapeutic care in simple nursing situations based on knowledge of biological, cultural, spiritual, and psychosocial needs of the individual throughout the lifespan.

Demonstrate effective interpersonal relationships with the client, the client's family, and members of the interdisciplinary health care team.

Demonstrate responsibilities of the practical nurse as an individual who collaborates within the healthcare system and the community.

Linked NAPNE Standards

C1_Utilize communication skills when interacting with clients, significant others, and health care team members.

C2_Communicate relevant, accurate, and complete information.

C3_Report and document assessments, interventions, and progress toward client outcomes.

C4_Maintain organizational and client confidentiality.

C5_Utilize information technology to support and communicate the planning and provision of client care.

C6_Utilize appropriate channels of communication.

A1_Assess basic physical, developmental spiritual, cultural, functional, and psychosocial needs of the client.

A2_Collect data within established protocols and guidelines from various sources including client interviews, observations/measurements, health care team members, family, significant others, and health records.

A3_Document data collection.

A4_Communicate findings to appropriate healthcare personnel.

A5_Assess the client's health status and evaluate response to interventions.

A6_Document findings from assessment.

CI1_Protect and promote the client's dignity.

CI2_Identify and honor the emotional, cultural, religious, and spiritual influences on the client's health.

CI3_Demonstrate caring behavior towards the client and significant support person (s).

CI4_Provide competent and safe nursing care in a variety of settings.

CI5_Provide a safe physical and psychosocial environment for the client and significant others.

CI6_Implement the prescribed care regimen within the legal, ethical, and regulatory framework of practical / vocational nursing practice.

CI7_Assist the client and significant support person(s) to cope with and adapt to stressful events and changes in health status.

CI8_Assist the client and significant others to achieve optimum comfort and functioning.

CI9_Instructs client regarding individualized health needs in keeping with the practical/vocational nurse's knowledge level.

M5_Assist the client and significant support person (s) to access available resources and services.

Linked NCLEX

C. Psychosocial Integrity The practical/vocational nurse provides care that assists with promotion and support

C.b: Behavioral Interventions/Behavioral Management

C.o: Suicide/Violence Precautions

Competence will be demonstrated:

- o through a written, graphic or oral presentation

Performance will be successful when the:

- o learner identifies nursing care plan needs for a client with an affective disorder
- o learner identifies nursing care plan needs for a client with mood disorders
- o learner identifies nursing care plan needs for a client with thought disorders
- o learner uses the nursing process

- o learner exhibits professional behavior
- o learner uses effective communication skills
- o learner applies biological, psychosocial, spiritual, and cultural principles of nursing care

6. Identify nursing care for clients experiencing abuse, neglect, or chemical dependency

Properties

Domain: Cognitive Level: Analysis

Linked KS PN Program Outcomes

Provide nursing care within the scope of the ethical and legal responsibilities of practical nursing.

Utilize the nursing process to identify basic human needs across life span for health promotion and maintenance, or when biological, spiritual, cultural and psychosocial needs are not being met.

Provide safe and skillful therapeutic care in simple nursing situations based on knowledge of biological, cultural, spiritual, and psychosocial needs of the individual throughout the lifespan.

Demonstrate effective interpersonal relationships with the client, the client's family, and members of the interdisciplinary health care team.

Demonstrate responsibilities of the practical nurse as an individual who collaborates within the healthcare system and the community.

Linked NAPNE Standards

C1_Utilize communication skills when interacting with clients, significant others, and health care team members.

C2_Communicate relevant, accurate, and complete information.

C3_Report and document assessments, interventions, and progress toward client outcomes.

C4_Maintain organizational and client confidentiality.

C5_Utilize information technology to support and communicate the planning and provision of client care.

C6_Utilize appropriate channels of communication.

A1_Assess basic physical, developmental spiritual, cultural, functional, and psychosocial needs of the client.

A2_Collect data within established protocols and guidelines from various sources including client interviews, observations/measurements, health care team members, family, significant others, and health records.

A3_Document data collection.

A4_Communicate findings to appropriate healthcare personnel.

A5_Assess the client's health status and evaluate response to interventions.

A6_Document findings from assessment.

CI1_Protect and promote the client's dignity.

CI2_Identify and honor the emotional, cultural, religious, and spiritual influences on the client's health.

CI3_Demonstrate caring behavior towards the client and significant support person (s).

CI4_Provide competent and safe nursing care in a variety of settings.

CI5_Provide a safe physical and psychosocial environment for the client and significant others.

CI6_Implement the prescribed care regimen within the legal, ethical, and regulatory

framework of practical / vocational nursing practice.

CI7_Assist the client and significant support person(s) to cope with and adapt to stressful events and changes in health status.

CI8_Assist the client and significant others to achieve optimum comfort and functioning.

CI9_Instructs client regarding individualized health needs in keeping with the practical/vocational nurse's knowledge level.

Linked NCLEX

B. Health Promotion and Maintenance The practical/vocational nurse provides nursing care for clients that incorporates knowledge of expected stages of growth and development, and prevention and/or early detection of health problems.

B.g: Family Interaction Patterns

C. Psychosocial Integrity The practical/vocational nurse provides care that assists with promotion and support

C.a: Abuse or Neglect

C.d: Crisis Intervention

C.n: Substance-Related Disorders

Competence will be demonstrated:

- o through a written, graphic or oral presentation

Performance will be successful when the:

- o learner describes emotional and behavioral reactions related to chemical abuse
- o learner identifies the care plan needs of a client with emotional abuse
- o learner identifies the care plan needs of a client with physical abuse
- o learner identifies the care plan needs of a client with chemical abuse
- o learner identifies the care plan needs of a client experiencing neglect
- o learner identifies community resources for clients
- o learner uses the nursing process
- o learner exhibits professional behavior
- o learner uses effective communication skills
- o learner applies biological, psychosocial, spiritual, and cultural principles of nursing care

7. Investigate therapeutic modalities

Properties

Domain: Cognitive Level: Analysis

Linked KS PN Program Outcomes

Provide nursing care within the scope of the ethical and legal responsibilities of practical nursing.

Utilize the nursing process to identify basic human needs across life span for health promotion and maintenance, or when biological, spiritual, cultural and psychosocial needs are not being met.

Provide safe and skillful therapeutic care in simple nursing situations based on knowledge of biological, cultural, spiritual, and psychosocial needs of the individual throughout the lifespan.

Demonstrate effective interpersonal relationships with the client, the client's family, and members of the interdisciplinary health care team.

Demonstrate responsibilities of the practical nurse as an individual who collaborates within the healthcare system and the community.

Linked NAPNE Standards

C1_ Utilize communication skills when interacting with clients, significant others, and health care team members.

C2_ Communicate relevant, accurate, and complete information.

C3_ Report and document assessments, interventions, and progress toward client outcomes.

C4_ Maintain organizational and client confidentiality.

C5_ Utilize information technology to support and communicate the planning and provision of client care.

C6_ Utilize appropriate channels of communication.

A1_ Assess basic physical, developmental spiritual, cultural, functional, and psychosocial needs of the client.

A2_ Collect data within established protocols and guidelines from various sources including client interviews, observations/measurements, health care team members, family, significant others, and health records.

A3_ Document data collection.

A4_ Communicate findings to appropriate healthcare personnel.

A5_ Assess the client's health status and evaluate response to interventions.

A6_ Document findings from assessment.

CI1_ Protect and promote the client's dignity.

CI2_ Identify and honor the emotional, cultural, religious, and spiritual influences on the client's health.

CI3_ Demonstrate caring behavior towards the client and significant support person (s).

CI4_ Provide competent and safe nursing care in a variety of settings.

CI5_ Provide a safe physical and psychosocial environment for the client and significant others.

CI6_ Implement the prescribed care regimen within the legal, ethical, and regulatory framework of practical / vocational nursing practice.

CI7_ Assist the client and significant support person(s) to cope with and adapt to stressful events and changes in health status.

CI8_ Assist the client and significant others to achieve optimum comfort and functioning.

CI9_ Instructs client regarding individualized health needs in keeping with the practical/vocational nurse's knowledge level.

Linked NCLEX

A. Safe and Effective Care Environment: The practical/vocational nurse provides nursing care that contributes to the delivery of client care and assists in the protection of health care personnel.

A.2. Safety and Infection Control The practical/vocational nurse contributes to the protection of clients and health care personnel from health and environmental hazards.

A.2.j: Use of Restraints/Safety Devices

Competence will be demonstrated:

- o through a written, graphic or oral presentation

Performance will be successful when the:

- o learner identifies the variety of modalities
- o learner describes the need for multiple modalities for treatment
- o learner identifies the pharmacological therapy in the care of clients with alterations in mental health

- o learner uses the nursing process
- o learner exhibits professional behavior
- o learner uses effective communication skills
- o learner applies biological, psychosocial, spiritual, and cultural principles of nursing care