

**KS Council of PN Educators - PN
PN Program**

KSPN Foundations of Nursing Clinical Course Syllabus

Course Information:

Course Number and Title: KSPN 002 - KSPN Foundations of Nursing Clinical

Total Credit/Contact Hours: 1.00 - 2.00

Clinical Credit/Contact Hours: 1.00 - 2.00

Course Description:

This course provides an introduction to the skills required to practice nursing. The theoretical foundation for basic data collection and nursing skills is presented and the student is given an opportunity to demonstrate these skills in a clinical laboratory setting. Students are also given an opportunity to practice application of the nursing process to client-related situations.

Course Objectives:

1. Practice assessment techniques on adult clients recognizing expected findings.
2. Apply the nursing process to client care that is based on the physiological, psychosocial, and spiritual needs of clients and acknowledges their uniqueness related to preferences, values, beliefs, and cultural differences.
3. Describe the various roles of members of the interprofessional health care team, including nurse as advocate.
4. Practice using effective verbal and non-verbal communication techniques with educators, peers, and clients.
5. Demonstrate how to safely and securely use client care technology while documenting in an accurate and timely manner.
6. Use current evidence as a basis for nursing practice.
7. Identify education needs of clients based on data.
8. Practice establishing a safe environment for client, self, and others.
9. Identify concerns related to the quality of client care.
10. Demonstrate professional behaviors in academic and client care settings.
11. Practice leadership skills that support the educational process (organization, time management, priority-setting).

Documentation Skills Lab

Unit Objectives:

1. Demonstrate proper documentation techniques that support accurate, thorough, and timely charting.

Content Topics:

- a. Documentation skills lab/ subjective and objective data
- b. Documentation skills lab/ narrative charting
- c. Documentation skills lab/ flow sheets and trending records
- d. Documentation skills lab/ computer information systems and computerized records

Nursing Process

Unit Objectives:

1. Apply principles of the nursing process to the assessing, planning, implementation, and evaluation of safe client.



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Content Topics:

- a. Nursing Process/ Assessment
- b. Nursing Process/ Planning
- c. Nursing Process/ Implementation
- d. Nursing Process/ Evaluation

Hygiene Skills Lab

Unit Objectives:

1. Demonstrate proper techniques that support client hygiene and safe client care.

Content Topics:

- a. Hygiene skills lab/pressure ulcer risk assessment (Braden Scale); pressure ulcer staging, pressure ulcer care

Infection Control Skills Lab

Unit Objectives:

1. Demonstrate proper techniques that support infection control while ensuring client safety.

Content Topics:

- a. Infection control skills Lab/ isolation precautions
- b. Infection control skills Lab/ medical and surgical asepsis and applying sterile gloves
- c. Infection control skills Lab/ wound care

Wound Care Lab

Unit Objectives:

1. Practice client care skills using proper techniques while ensuring client safety.

Content Topics:

- a. Sterile dressing changes, specialized wound dressings, wound vacuum, wound debridement and packing
- b. Suture and staple removal
- c. Emergency care of evisceration

Comfort Skills Lab

Unit Objectives:

1. Demonstrate proper techniques that support a client's comfort needs while ensuring client safety.

Content Topics:

- a. Skills Lab/ application of heat and cold
- b. Skills Lab/ pain rating scales (Pre- and Post-intervention)
- c. Skill Lab/documentation of intervention and evaluation of pain relief method used

Mobility Skills Lab

Unit Objectives:

1. Demonstrate proper techniques that support client mobility and prevent complications of immobility while ensuring client safety.

Content Topics:

- a. Mobility skills lab/ pressure ulcer assessment and prevention measures



- b. Mobility skills lab/ range of motion
- c. Mobility skills lab / post hip arthroplasty precautions
- d. Complications of immobility precautions and thromboembolic hose

Urinary and Bowel Elimination Skills Lab

Unit Objectives:

1. Demonstrate proper techniques that support a client's elimination needs while ensuring client safety.

Content Topics:

- a. Elimination skills Lab/ catheter insertion, removal, and specimen collection
- b. b Elimination skills Lab/ enemas
- c. Elimination skills Lab / hemoccult
- d. Continuous bladder irrigation
- e. Sterile catheter irrigation and specimen collection
- f. Colostomy care

Oxygenation Skills Lab

Unit Objectives:

1. Demonstrate proper techniques that support a client's oxygenation status while ensuring client safety.

Content Topics:

- a. Elimination skills Lab/ incentive spirometer
- b. Elimination skills Lab/ oxygen therapy/delivery systems
- c. Elimination skills Lab / tracheostomy suctioning and care, spirometry, ventilator monitoring, chest tube monitoring
- d. Elimination skills Lab / spirometry
- e. Elimination skills Lab / ventilator monitoring, chest tube monitoring

Nutrition Skills Lab

Unit Objectives:

1. Demonstrate proper techniques that support a client's nutrition needs while ensuring client safety.

Content Topics:

- a. Nutrition skills lab/ special diets, fluid restriction
- b. Nutrition skills lab/ insertion, care of, and removal of enteral tube (g-tube, NG, g-button, j-tube)
- c. Nutrition skills lab / enteral tubes, enteral formulas, continuous and bolus feedings
- d. Nutrition skills lab / enteral medication administration

Regulation and Metabolism Lab

Unit Objectives:

1. Practice client care skills using proper techniques while ensuring client safety.

Content Topics:

- a. Blood glucose testing and reporting,

Cognition and Sensation Lab

Unit Objectives:

1. Practice client care skills using proper techniques while ensuring client safety.



Content Topics:

- a. Reality orientation
- b. Fall risk assessment
- c. Bed/wheelchair sensors

Cardiac Output and Tissue Perfusion Lab

Unit Objectives:

1. Practice client care skills using proper techniques while ensuring client safety.

Content Topics:

- a. Lead placement
- b. Reading normal strips

Post-mortem Care and Tissue/Organ Donation

Unit Objectives:

1. Practice client care skills using proper techniques while ensuring safety of team members.

Content Topics:

- a. Preparation of the body
- b. Tagging and shrouding
- c. Documentation

Clinical Objectives:

- A. Provide nursing care that is relationship-centered, caring, culturally sensitive and based on the physiological, psychosocial and spiritual needs of clients with commonly occurring health problems that have predictable outcomes.
 - A.1. Practice assessment techniques on simulated and/or actual adult clients recognizing expected findings.
 - A.2. Describe the role of the nursing process in relation to the provision of client care.
 - A.3. Identify the uniqueness of each client related to preferences, values, beliefs, and cultural differences.
 - A.4. Describe client advocacy.
 - A.5. Practice using verbal and nonverbal communication techniques.
 - A.6. Identify health-related education needs of clients based on data.
- B. Collaborate with the client and members of the interprofessional health care team to promote continuity of care and shared decision-making.
 - B.1. Describe the roles and responsibilities of members of the health care team.
 - B.2. Verbalize client-related information to be shared with designated members of the healthcare team.
 - B.3. Identify situations that require knowledge/actions beyond the scope and practice of the LPN.
- C. Use current evidence as a basis for nursing practice.
 - C.1. Identify sources of current evidence.
 - C.2. Identify how current evidence is used as a basis for nursing practice.
- D. Use information and client care technology to support the delivery of safe, quality client care.
 - D.1. Demonstrate how to use information technology as a communication tool.
 - D.2. Demonstrate how to securely and accurately use electronic health records to document nursing care.
 - D.3. Demonstrate how to safely use client care technology.
- E. Participate in quality improvement practices evaluating their effect on client outcomes.



- E.1. Identify concerns related to the quality of client care.
- E.2. Discuss actions necessary to provide quality care.
- F. Provide an environment that is safe and reduces risk of harm for clients, self, and others.
 - F.1. Identify the difference between actual and potential safety risks in the health care environment.
 - F.2. Describe actions that promote safe practice and a safe environment for clients, self, and others.
 - F.3. Describe the purpose of the National Patient Safety Goals.
- G. Demonstrate accountability for client care that incorporates legal and ethical principles, regulatory guidelines, and standards of nursing practice.
 - G.1. Describe the purpose and location of the Kansas PN scope of practice nursing regulations and statutes.
 - G.2. Describe the Client Bill of Rights, and the Self Determination Act along with a nursing code of ethics as a framework to be used for nursing practice.
 - G.3. Describe what personal and professional accountability is for the preparation and delivery of client care.
 - G.4. Discuss the role of institutional policies and procedures in regard to providing safe, quality care.
- H. Use leadership skills that support the provision and coordination of client care.
 - H.1. Identify leadership skills that support the provision of client care.
 - H.2. Discuss the role of assistive personnel in relation to their abilities, level of preparation, and regulatory guidelines.
 - H.3. Describe the role of the LPN in supervising assistive personnel.

